

# *I have decided...*

to live a life by design

## I am the creator of my own experience.

I am responsible for the direction of my life. I get to choose my reactions. I get to choose how to interact with the world. I can be happy in this moment.

## I mind my own business.

I cannot create in the experience of another and so I focus my energy and attention on the path before me.

## I am a spiritual being expressed as material.

I am a spiritual being with a physical body. I am capable of receiving and interpreting divine guidance.

## I take inspired action.

It's either a Hell, Yes!" or it's a "No."

I am free to choose my path and I take responsibility for developing and nurturing a vision for me life. I take action in inspired moments.

## I do the work.

I do what's needed to be in the best possible state of mind and body to come into alignment with the truth of who I am and the vision I have created.